

Neil Stuart

District Governor 2022-2023

1st VDG

John Houghton

2nd VDG

Geoff Turnbull



Land



Environment



Water

Making it Happen

THE ROAR

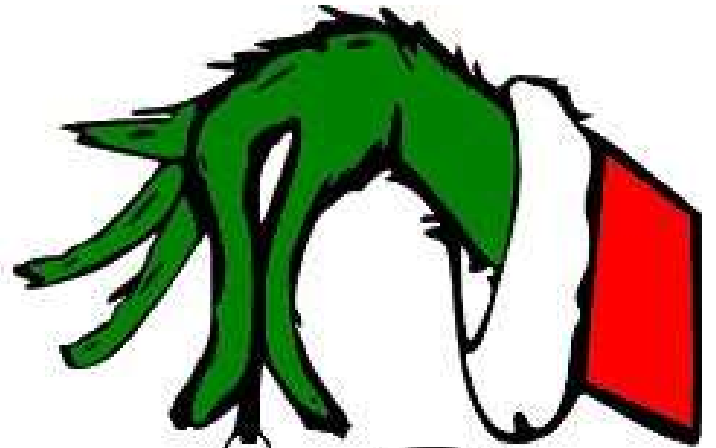
DISTRICT 201V6 ~ DECEMBER 2022 ISSUE

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Not long to go now...



24 Days til Christmas

POV (point of view)

You forgot to get your Lions Christmas Cake (or pudding).





DG Neil Stuart

During November I made District Governor (DG) team visits to Bright, Strathmerton, Corowa, Zone 2 joint club visit (Cohuna, Pyramid Hill, Leitchville, Gunbower, and East Loddon), Lake Mulwala, Yarrawonga, and joint club visit to Walla Walla and Culcairn. Members from the HOPE Club Branch visited Numurkah to take part in “Lap the Map” for diabetes. Thank you to Zone Chairpersons Alison Kazenwadel, Victor Smith, Jeanette Cowan, and Julie Colley. At Corowa, the Zone 2 joint club and the joint club visit to Walla Walla and Culcairn. I was joined by 2nd VDG and District GMT Geoff Turnbull. During the club visits I had the pleasure of presenting Monarch Chevrons to several Lions. These awards honour the Lions dedication and service longevity. At Strathmerton I had the great honour of presenting an Australian Lions Foundation (ALF) 50 years of service medal and a 50-year Charter Monarch Chevron to Lion Ian Taylor. 2nd VDG Geoff and I had the great pleasure of inducting four Lions into the Culcairn Lions Club. We welcome Neil Ash, Chris McPaul, Tony Iorfino, and Maggie Knight all sponsored by President Ken Scheuner.

On Sunday morning November 13th the Global Action Team (GAT) held a meeting organised by Global Membership Approach (GMA) District leader PDG Omen Ndlovu at Tocumwal to follow up on the District and GMA goals and action plans. Those GAT members who could not attend face to face joined by Zoom. Two and a half very constructive hours were spent on reviewing the goals and action plans with the objectives to action membership including new clubs, service reporting, and plan 2023 club development and Zone Chairperson training days.

I was invited by Secretary Janet Austin to attend the Lions Club of Cobram art show on the afternoon of Sunday 13th. The art show was for youth between the ages of 10 to 14 years. I had the pleasure of making presentations including the winning Peace Poster. Congratulations to the Cobram Club particularly Lion Ron Simon as it was his idea as an extension to the Lions International Peace Poster. The Lions Club of Cobram’s winner of the Peace Poster was Miller Simpson. I congratulate Miller Simpson as she is also the V6 District Lions International Peace Poster winner.

On Tuesday November 22nd I accepted the invitation from Yarrawonga Secretary Deb Van Corler to see the Turban Angel project girls in action. This a fantastic humanitarian project and I congratulate Deb and all her wonderful helpers in making this happen. Many thousands have been the recipient of “turbans made with love.”



The DG team on visitations is continuing to encourage our clubs and members to actively support the goals we formulated several months ago. To survive as a District, we must grow our membership, so I encourage every member to “Just Ask.” We would also like to see a big increase in the number of clubs reporting service. Service reporting does matter – things happen when you share your impact.

As this is my last report for the calendar year, I want to wish all our Lions members and families a very happy Christmas. Also, as we approach Christmas I am thinking of our members and families that have been impacted by the floods. I want to thank the Chairman of the District Disaster Recovery Support Team Paul Shortis and other members of the committee who have been reaching out to clubs from the flooded areas.

Thank you to all the clubs I’ve visited over the past five months for your very warm welcomes. It’s been great to meet Lions members, many for the first time, and to learn of the great work our clubs and members do to support our Lions organisation and communities.



The DG’s Diary

DECEMBER 2022

Tuesday, 6

Katamatite

Wednesday, 7

Upper Kiewa Valley



CLUB SAFETY



It's vital that you understand the invisible dangers of asbestos

It's estimated 4000 Australians die from asbestos-related diseases every year and tradies are among the most at risk for asbestos exposure. Breathing in asbestos fibres can lead to diseases such as asbestosis, lung cancer, and mesothelioma.

These diseases can take decades to develop and have no known cure. They can cause debilitating illness and premature death. As a young apprentice fitter and machinist, Brian Healy was exposed unsafely to asbestos in the workplace, leading to his diagnosis of mesothelioma, a rare form of cancer.

"Being young, you did what the boss told you to do.... and you just did your job. But the only one who's going to suffer later on down the track will be you if you don't look after yourself."

Brian's lived experience is a reminder of the dangerous consequences of working unsafely with asbestos.

What is asbestos - Asbestos is the name for a group of minerals that were used to manufacture a wide range of products including many that were used in Australian buildings until the mid-late 1980s. Exposure to asbestos fibres may cause diseases such as mesothelioma, lung cancer and asbestosis.

Scientific studies reviewed by the International Agency for Research on Cancer (IARC, 2012) show that asbestos can also cause cancer of the

larynx and ovaries and is also associated with pharynx, stomach and colorectal cancer.

Asbestos exposure standard - The asbestos exposure standard does not represent a 'risk free' level at which every employee can be guaranteed absolute protection from any asbestos related illness. Nor does the asbestos exposure standard constitute a 'fine line' between satisfactory and unsatisfactory working conditions.

Asbestos is banned - Use of asbestos is banned in Australia. You must not import, manufacture, supply, sell, use or reuse asbestos or products that contain asbestos. The asbestos ban came into force at the end of 2003. However, some materials containing asbestos may inadvertently be imported.

Under the law there are duties and requirements for managing asbestos in workplaces, working with asbestos and removing asbestos. Further information on imports and processes can be found on the Asbestos Safety and Eradication Agency and Australian Border Force websites.

Asbestos case study - In May 2018 WorkSafe received a report of suspected asbestos being removed from a residential property. WorkSafe Inspectors attended the property and observed two workers undertaking demolition work using hand tools. The workers were not wearing any personal protective equipment (PPE). An independent hygienist confirmed the building contained asbestos.



2nd VICE DISTRICT GOVERNOR UPDATE NOVEMBER

November proved to be another busy month. It began with a visit to the Lions Club of Rutherglen to attend a club meeting and to help develop a growth strategy for the club. This was followed by a lunch gathering for further chat and fellowship.

On November 7 I attended a strategy meeting in Corowa, with District Governor Neil Stuart and newly appointed Global Extension Team chairperson Peter May. Peter is a very welcome addition to the team. This was followed by an official DG visit to the Corowa club for a lovely evening with club members, and some important discussions were held.

Then on November 10 I attended a Zone 2 meeting at Gunbower. This was a fabulous night, attended by members from Gunbower, Pyramid Hill, Leitchville, East Loddon and Cohuna – around 50 people in all! There was a fabulous meal, and lots of fun and laughter. The District Governor and I both thoroughly enjoyed the evening, as did everyone there. Congratulations to Zone 2 Chair Jeanette Cowan for organising such a successful night.

The next night, Friday 11th, I joined in a DG Zoom mentoring session with Meg Butler and Council Chair Steve Boyce. Then on Sunday November 13 I travelled to Tocumwal for a GAT and GMA planning and review meeting. Then followed another Zoom meeting, on Tuesday November 15, for a national Membership meeting.

On Wednesday November 16 I represented the District Governor on a visit to the Chiltern Lions Club. This was another very enjoyable visit. The next day I was to meet with the Elmore Lions club, however this has been deferred by a month or two.





Then on Wednesday November 23 I attended a joint meeting of the Lions Clubs of Walla Walla and Culcairn in Walla Walla. There was a big turnout, and it was great to see four new Lions inducted into the Culcairn club on the night. Both clubs are expecting to add more new members shortly, so it is really great to see them growing and getting stronger.

The month concluded with another DG training Zoom meeting on November 29, and then a Zone 7 meeting at Corowa on November 30. It was a busy but very satisfying month.

NOVEMBER MEMBERSHIP UPDATE

This has been a good month for our district, with quite a few clubs inducting new members and having positive expectations that more are on the way. The recent additions are not yet reflected in the official numbers shown in MyLCl, so our numbers should look better again next month.

So, some clubs are proving that it is possible to grow. Are they doing something special? No, not really, but they are doing something that many are not – put simply, they are ASKING.

We all enjoy being Lions, and serving our community, don't we? So why don't we share that all the time? When I do my shopping and have a conversation with the staff, when they ask about my day I tell them about something positive that I have been involved with in Lions. When we run a BBQ or other function, we thank people for their attendance, and let them know how their purchase will help their community. This is often a conversation starter, opening the way to a discussion about the joys of being a Lion. You can have a few practiced thoughts and lines ready to mention at such times, and the more you do it, the easier it is and the more it flows naturally. Tell them about some of the other terrific/exciting things that the club does in the community. Share the fun, and the joy. Then ask them to come along and support something else that your club is doing, and before you know it, they will be asking you about joining!

Sometimes people seem interested, but mention that they are time poor and say that they will "leave it till they have more time". I don't think anyone ever actually finds more time at any point, which means the best time is now. I practiced this approach just this last weekend. I was speaking to a lady who was interested in Lions, but wanted to leave it until she retired so she would have more time. I mentioned that it would probably be better to get involved now, even if she cannot do much, so that she can learn the ropes and functions of the club, just attend when she can, and then be ready and confident to do more when she was able. She liked this approach and agreed. Unfortunately, she is not from our district, but at least she will now become a Lion.

We can all do this.

USING LICOLA TO ASSIST FLOOD VICTIMS - A DISTRICT PROJECT

We are all aware of the terrible floods that have devastated significant parts of our district. Many townspeople have lost their possessions when their homes flooded, and many farming communities have suffered extensive crop losses, damage to fencing and stock losses.

As always, local Lions clubs have swung into action and provided immediate, practical support.

A district-wide project is now underway to help provide some help and support during the recovery phase, by utilising the facilities at Licola to provide a free holiday to selected affected families. We will shortly be asking all clubs to nominate and make contact with suitable families, to offer them a free holiday from January 9-13, 2023. We would be looking for one or two parents, and their children as the ideal groups to attend. 100 places are available, so that might be around 25-30 families, preferably including a mix of town and country people.

Travel will be arranged and provided, as will hampers containing gift vouchers, comfort packs and more. Some special treats are also being arranged, and we hope to have free mental health support and counselling services on hand at Licola (with no requirement for people to use them, but to be available for those that want to).

A letter with details and a nomination form will soon be sent out to all club secretaries and zone chairs – please be on the lookout for this and circulate it widely. We will need nominations fairly quickly so that the families can be contacted with sufficient notice to ensure that they are available to travel.

We will also be looking for Lions to volunteer to assist that week – more details will be in the letter, but if you are interested in being involved, please try to keep that week free.

We are Lions. We Serve.





THE AUSTRALIAN LIONS
WELLBEING FOUNDATION

help every club in Australia benefit their communities.

Last year saw us settle into our new name very well. The change of name has been very positive, reflecting the full suite of resources we now offer Lions and their communities in the area of health and wellbeing.

Wellbeing is so vital. It is like the foundation from which we all operate as individuals and communities. The World Health Organisation describes wellbeing as a “resource for healthy living” and “positive state of health”.

Wellbeing has many components, such as mental, psychological, social, emotional and spiritual.

I love this quote from the Foresight Mental Capital and Wellbeing Project that describes wellbeing as “enabling people to develop their potential, work productively and creatively, form positive relationships with others and meaningfully contribute to the community.” I think that summarises beautifully what we, as a Foundation and also as Lions, aim to achieve in the work we do.



We would welcome your support in promoting the work of the Foundation.

Chairman David Daniels

OPERATION: The Foundation, which is totally owned and controlled by those Lions and Leo Clubs of Multiple District 201 who have become constituent members, is run by a Board of Directors appointed by the Board. Each year a number of these directors come up for re-appointment. The Foundation has also been granted the use of the Lions Badge by Lions Clubs International.

MEMBERSHIP:

Clubs are encouraged to become a Constituent Member of the Foundation so that they have the privilege of taking part in the nomination of Directors and voting on various Notices of Motion at the Annual General Meeting which shape the future of the Foundation. Directors must be members of a Constituent Member Club to be

ALWF PROGRAMMES

As a Foundation dedicated to helping communities **live happy and healthy lives**, we believe we have programs and resources to

able to nominate for appointment. There is no cost to join, neither is there any annual membership fee.

To join the Foundation, please send your request to david@alwf.org.au and it will be minuted at the next Board meeting for approval.

SEE BELOW WHAT THE FUNDS THAT ARE DONATED TO THE ALWF DO!!

MAJOR PROJECTS:

We have undertaken many large projects during the Foundation’s nearly forty year history. Our current main projects are:

LIONS QUEST: This important project of ALWF is a flagship program of Lions Clubs International. The Foundation provides Social and Emotional Learning (SEL) curriculum to schools through the Skills for Growing (Foundation to Year 5) Skills for Adolescence (Years 6 to

8) programs.

With a dedicated Australian edition, Lions Quest offers Australian teachers:

A comprehensive ‘umbrella’ approach that encompasses the whole arena of social and emotional learning giving it a broader focus than many other programs.

Strong evidence-based and teacher professional development programs that align with SEL best practice.

Detailed, user-friendly lessons covering six-unit topics and including ideas for parent and community partnerships and year-to-year progression.

Links to all aspects of the Personal and Social Capability strand of the Australian Curriculum and mapped to other learning areas primarily Health and Physical Education.

We urge Lions Clubs to make their local schools aware of this excellent program to build and maintain student wellbeing.

Lions Quest online teacher training is now available. For further information and updates phone 1800 805 334 or email info@lionsquest.org.au.





TUNE IN NOT OUT:

Tune In Not Out (TINO) is an award-winning portal style health and wellbeing website full of information to help young people navigate life's challenges.

The website (www.tuneinnotout.com) brings together content from wellbeing and mental health organisations from across Australia into one central location. Featuring a range of mediums such as videos, factsheets, stories and even music, TINO delivers information on topics such as mental health, alcohol and other drugs, exam stress, relationships, sexual health and more. The perfect go-to website for students and teachers to answer some of life's tricky questions.

FREEDOM TO FEEL FANTASTIC:

Freedom to Feel Fantastic is our positive body image and self-esteem campaign held nationally. Each year schools, community groups and Leos around the country join us to run events designed to help inspire young people to feel comfortable being who they



want to be judgement free. A great project to recommend to your local schools www.freedomtofeelfantastic.com.au

ALWF RESOURCE SHOP:

Via our online shop located at www.alwf.org.au/resource-shop, the Foundation has a range of health and wellbeing resources which can be purchased for supply to schools, community groups or for distribution via a Lions stall at an event. A selection of the resources available are:

COMMUNITY INITIATIVES PROJECT

Small grants of up to \$1000 are available for Lions or Leo Clubs to work with their local school or community to conduct an inter-generational project. The project types will vary from community to community, but all will enhance opportunities for youth to be involved in a project or event that is alcohol and drug free. Lions' members are encouraged to work alongside the youth in a mentor role. Ideas for projects include budget cooking classes for at-risk youth, building a community facility such as a skate park or outdoor table tennis table, conducting a camp or any other project that gets your community buzzing.

These can be obtained by contacting PCC David McKenzie Secretary/Treasurer on david@alwf.org.au

Punny Christmas Jokes

What do you get when you cross a snowman with a vampire? *Frostbite.*

What does Santa suffer from if he gets stuck in a chimney? *Claus-trophobia!*

What do you call Santa when he stops moving? *Santa Pause.*

How do you help someone who has lost their Christmas spirit? *Nurse them back to elf.*

What do you call an elf that runs away from Santa's workshop? *A rebel without a Claus!*

What is it called when a snowman has a temper tantrum? *A meltdown.*

Why are elves such great motivational speakers? *They have plenty of elf-confidence.*

What reindeer game do reindeer play at sleepovers? *Truth or deer.*

What did Santa say when he stepped into a big puddle? *It must have reindeer.*

What is Santa's dog's name? *Santa Paws!*

What's every elf's favorite type of music? *Wrap!*

What's the absolute best Christmas present? *A broken drum — you can't beat it!*

What happens if you eat Christmas decorations? *You get tinsel-it is.*

What do Santa's elves learn in school? *The elf-abet.*

What's the difference between the Christmas alphabet and the ordinary alphabet? *The Christmas alphabet has Noel.*

Who is never hungry at Christmas? *The turkey—he's always stuffed.*

What did the stamp say to the Christmas card? *Stick with me and we'll go places!*





ROCHESTER FLOODS

As most of you would know Rochester was severely flooded on the 14th October when an estimated 90% of the houses within the town were inundated with water inside their homes. This has decimated the town and business's where it will take a long time to recover.

Most of the affected homes have had plaster stripped from the walls to allow drying, some even up to the ceiling. It is expected most will not return to their homes for at least 12 months. The following weeks saw house after house piling their furniture and personal belongings out on the street that had been ruined by the toxic water. Several of our Lions members were severely affected in this way as shown by the pictures included. These Lions members are most appreciative of the Lions 201V6 Foundation for assisting them in their time of real need. It is because of the foresight of V6 District Lions from some years ago in establishing this Foundation to assist people within the V6 District, and the Clubs for supporting it that our effected members have now been able to benefit from it in a small way.

Thank you to the Lions 201 V6 Foundation for supporting our members during time.



LOVE IS IN THE AIR IN BEECHWORTH

Congratulations Beechworth Lions Andrew and Lynne on the occasion of your wedding on Saturday 5th November in the Town Hall Garden. What a wonderful day and evening celebrating your big day in the Beechworth Memorial Hall with friends and family. Is this a first? Marriage of two Lions, married by a Lion, photographs by a Lion, attended by Lions members, and catering by a Friend of Lions.



Lion Andrew, Lion and Celebrant Pauline, and Lion Lynne





REMEMBRANCE DAY

Beechworth Remembrance Day 2022 was well attended. Thank you to Beechworth Lions Club Life Member, Lion Graeme for laying the wreath on behalf of the club.

BEECHWORTH LIONS FAREWELL LIONS ASRA & SHABIR

Beechworth Lions Club said farewell to Lions Asra and Shabbir who are heading back to Melbourne with the closure of their restaurant in Beechworth due to the sale of the building. They will be missed by our club, but will look at transferring to a club in Melbourne in the New Year. Beechworth Lions presented them with a specially made card by Lions Christine and one history and one photograph book on Beechworth while attending a farewell banquet on the last night of service.

Both were active in service with Beechworth Lions Sausage Sizzles, our Volunteer Expos, fundraising events, and their yearly Indian Langar Community Buffet with donations going to Beechworth Lions. Thank you Shabbir and Asra, you both will be sorely missed by Beechworth Lions and the community.



Asra and Shabbir hard at work



Beechworth Lions Members Farewell presentation.

CONGRATULATIONS TO GRACE

To all those that assisted Beechworth Lions to fundraise to assist Grace Brown financially to get to Australia National Hockey Carnival in Tasmania. Grace had an amazing experience. Out of the 13 teams her Vic team came 7th! She scored a goal in the opening match and the team was very strong. She has now gained automatic entry into the u15 academy in January. She didn't want to come back and made lifelong friends!

Congratulations Grace, well done.



On behalf of Beechworth Lions Club we would like to wish each and every one in Lions 201V6 a very safe and Happy Christmas.





YOUNG ARTISTS SHINE IN COBRAM

Thank you to the fantastic young artists in the Cobram area for all your artistic skills and fantastic entries in the Cobram Lions Art show, which was held over the past 3 days.

The overall winner across the whole art show was Miller Simpson. Miller was the winner of the \$250.00 available for one child to win.

Highly Commended awards were presented to Isabel French, and Leah Willis. A commended award was given to Isabella Spataro.

The Cobram Lions encouragement award went to Oscar Betts. 3 Arts 4 all and Cobram Lions combined encouragement awards were presented to Joshua Sullivan, Xavier Sullivan and Oscar Betts.

Congratulations must go to all the entrants. Their art works depicted the given themes and all need to be celebrated as winners.

The Cobram Lions club winner of the Lions International Peace Poster Competition was Miller Simpson. Miller has the honour of having her art work going on to the next level of this international Lions Competition at the District level. The Lions members wish her every success with her Art work. Congratulations Miller.



Pictured are all the winners and the Lions V6 district Governor Neil Stuart and Cobram Lions President Peter Edwards.

The Club would like to Thank the Moira Shire for granting the club a small events grants to help successfully run this art show.

The Lions members would also like to thank the businesses who supported the Art show as Sponsors. We are so very grateful to the following for all your support of the first public art Show the Cobram Lions has held. Thanks you to Kellaway Transport ,MV Transport, Edgar Insurance, Strathy Services and MV printers. Arts 4 All, the Cobram Newsagency and Essential gifts. Congratulations to all the Winners.



COBRAM'S AMAZING STUDENTS

What great students we have here in our local schools. Last night the Cobram Lions had the pleasure of meeting 3 of these great young adults when we hosted the Club Final of the Lions Youth of the Year Program for 22/23 year.

Congratulations must go to all 3 students. They were fantastic and should be proud of their achievements.

Representing Cobram Anglican Grammar School were Cadence Pang and Harrison Brooker.





NUMURKAH LIONS PRESENT MONARCHS & CHEVRONS



Representing St Marys of the Angels Nathalia was Grace Hall.

The Judges for the evening were. Christine Osborne, Karyn Spataro, and Bob Beggs.

The over all club final winner was Cadence Pang.

The Public Speaking winner was Cadence Pang.

Thank you to the teachers, parents, family members and friends who attended to support the students.

Youth of the Year is a fantastic program which Cobram Lions has the pleasure to offer the schools the opportunity to be involved every year.

Congratulations to Cadence, she will represent Cobram Lions Club at the next level of the program early in Term 1.2023.



L-R Rob Watson 15 year, Doug McKeown 50 year & Mark Nordbye 20 year.

Rob Watson is our Club Membership chairperson.

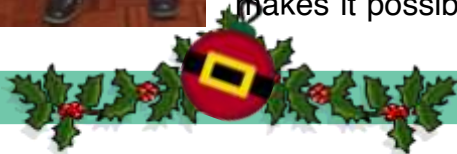
Doug McKeown was also presented with the ALF 50 years of service medal on the Saturday night of our Convention. Doug along with Lion Jenny McKeown have for many years organised our club's JPS & YOTY & also been a key member of our Broken Creek market committee.

Mark is our Club Secretary & also District YOTY chairperson, member of the District Disaster Recovery Support team & recently appointed Licola Board member.



NEW MEMBERS FOR LOCKHART

Lockhart Lions held their last meeting for the year on Sunday 27th November. This was followed by their Christmas get together where I am thrilled to report, two new members were inducted. Bradley Schneider began volunteering last year, and Keith Edgerton has been a dedicated volunteer since 2003. Keith, while in business, would transport recycled material from the Club's Recycle Centre to Wagga, at no cost to the Club. It's great to have them both on board. The Recycle Centre, our main source of income, makes it possible to make a difference both locally





and Lions at large. Recent donations to two Lions Disaster Appeals, \$1,000 each, Lions Eye Health, Lions Cord Blood, Careflight and locally, Sponsorship of The Spirit of The Land, Progress Association's Board Games Night, Scholarships to both local Schools, Lockhart Central School Breakfast Program, Little Athletics ,to name a few. There is more to come before Christmas - watch this space.

Merry Christmas everyone. May you all have a great year ahead. Take care and stay safe.

COHUNA LEOS LIFTING KID'S SPIRITS

On Sunday 27th November, 5 Leos and 3 Cubs travelled to "Rochie South" the village being constructed at Elmore for flood evacuees from Rochester.



Leos had collected a number of Teddies for their "Hug in a Rug" project to take to the children living at the village. We distributed 50 bears. Leos were very grateful for a large donation of bears from the Gannawarra Memorial Toy run that were excess to their needs. More of these bears will be donated in Echuca, Murrabit and Benjerop as soon as possible.



L-R New members Keith Edgerton, Bradley Schneider , President Bill Hamson, who carried out the inductions



L-R Bradley, Keith, Bill with sponsor Dulcie Mc Kenzie

The Leo Food Van also made the trip to Elmore where free donuts were provided following a BBQ lunch donated by the Leos and cooked by Lion Lyn from Wodonga.



Leos spent most of the time setting up the newly arranged Recreation Room. Leos purchased 2 bookcases to be installed in the room, which had to be put together, no problem for the Leos. They were used to create a "Book Nook" library area where the donated adult and children's books have been placed, along with





FLOODS & TOYS IN KERANG



some bean bags for casual seating while reading a book or just chilling out.

Leos donated lots of other toys and board games along with outdoor games such as Giant Jenga and Connect Four to the village.

Being creative can often help in a stressful time so pencils, drawing books and lots more items were also donated for the children to use.

With Christmas coming up we wanted to make sure there was a tree and decorations there to add some cheer.

We will continue to visit and help in any way we can.



No Ibis Rookery maintenance for a while - bit wet!



Cooking bacon and egg toasted sandwiches for patrons of the Gannawarra Toy Run in Kerang. Event went well even though floods impacted car and bike numbers.





Some of the toys and some happy patrons.



TUNGAMAH LIONS ABOUT TOWN

It's been a pretty hectic month, with high waters around Tungamah and only and some members marooned. This included Leos as well, so there were some very worrying times.

Zone Chairperson Victor and Global Learning Team leader attended a Global Action Team meeting at Tocumwal and discussed the ways our District could improve and grow.

Members have been active with cooking for the sandbaggers who have helped so many people around the District. We have been so lucky to have Michael as our Pres and his wife Caz who dropped everything at a moment's notice and took our bbq out to the trouble spots. They had the help of other willing volunteers as well. The club also made a very large donation to the District Disaster Fund as they help flooded people from Lake Charm to Albury and north and south.

We are currently assisting a young mum and her kids who have been flooded out and face a long time before they move back into their home. District have been excellent in supporting our efforts.

Members have been selling Christmas Cakes and still have plenty left. Unfortunately, we don't have the opportunities of clubs in the bigger towns, but we do work hard at it.

Sales of mints are quite good and we are waiting for our new shipment.

Bunnings is always a good money spinner and we have had a couple of very successful days in Yarrowonga. We do enjoy these days and are lots of fun thanks to Victor and his dry sense of humour and ready wit.

We are also assisting a pensioner with his problems and this always a great feeling. One of our members, Julie, is on the sick list and having some time in hospital. She is improving and looking forward to being back on deck.

Christmas Carols this year are in the Boyd Street Reserve behind the kinder. We are lucky enough to have Callum Gleeson as our leader and entertainment. Naturally, Santa will be coming, and the free sausage sizzle will be on as usual. It all starts around 5.30 p.m.

The Lions will have their Christmas Break up down at the Lions Park on Wednesday, 14th December and will be another fun night.

Our work will not cease during the Christmas New Year Break, as we get ready for Australia Day and the different awards of citizenship. We have plenty





of projects in the pipeline and these all need our attention.

Remembrance Day was a very touching day and we were proud to remember the fallen. Thanks to Caz and Toni for making the wreaths.

We had a great Halloween, with the Lions new Sno Cone machine getting a good work out. Caz and her volunteers did a great job in decorating the park. There were many wonderful outfits to be seen. Well done kids and well done parents.

All citizens of Tungamah and St James are invited to be part of the Australia Day celebrations at the Tungamah Lions Park, with a free breakfast commencing at 8 a.m. There will be music and coffee, all free. Come along and see who gets the awards, and celebrate their recognition of input to the community. Somehow, we have lost our loved for our country. Let's get back to celebrating all things Aussie.

See you around folks.

ROARER



Halloween



Robyn on Remembrance Day.



McCayla is inducted into our club.

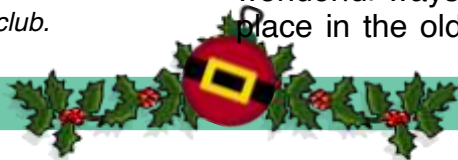
TUNGAMAH LEOS LOOKING TO THE FUTURE

As we get to the end of another calendar year, young people head off to the next exciting phase of their lives and this means numbers in our wonderful Leo Clubs dwindle. The pandemic has been very detrimental to our club and has affected its continuity. Now is the time to rebuild. We have been going for 12 years and have had some marvellous achievements in that time, including being recognized as the Best Organization overall for the Moira Shire.

We are coming to the end of our battle to install a fountain in the creek with some very positive progress today. It has been a long while, understandable with natural disasters taking place.

The Carp Muster will take place in February and we are looking forward to the creek having had a flush. Hopefully the mud and mossies will have disappeared by then.

On Tuesday, 6th December, we will be having an information night for the youth of the town and their parents to look at what Leos aim to do and the wonderful ways to town has benefitted. This takes place in the old Shire Offices at around 6.30 p.m.



start. Nibblies will be provided. Also, we will decide on our Christmas break up as well.

See you after Christmas and a Merry Christmas to you all.

LITTLE ROARER.

BENALLA'S ANNUAL FESTIVAL

The Benalla Lions Club provided a BBQ at the Benalla Annual Festival on Saturday 5th November which was held after 2 years of cancellation due to the Covid Pandemic.

With the threatening weather forecast the usual street parade was cancelled, and due to the floods, 2 weeks earlier, the Saturday Entertainment couldn't be held on the foreshore lawns, but was held on the Fawkner Drive roadway, this proved a very successful decision.

A large crowd supported the Festival, which commenced at 3.00pm and finished at 9.00pm with a fantastic fireworks display.

The Club also provided another BBQ the next day on Sunday 5th November in "Denny's Carpark". This market is usually held in the Benalla Botanical Gardens, but again due to the earlier floods it was shifted to the carpark.

Again this was supported by a large crowd, fortunately the weather held off to mid afternoon when a thunderstorm hit, making it very difficult to pack up our gazebo's.

Both BBQ's were very successful, with Peter making numerous trips to the supermarkets to replenish supplies on both days, as we were uncertain of what the response would be.



Photo shows the Benalla Lions Club BBQ "crew" ready to serve a small portion of the crowd, and also a photo of the fireworks.



HOPE HAPPENINGS

Hope Lions Visit to District Governor: Our DG couldn't come to us for lunch so he invited us to his house for afternoon tea!

The club recently gave up its end of year social lunch which was to be the District Governors visit to go and support Rochester as they hosted of 'Australia All Over' with Macca on Sunday morning.

Lap the Map: Following on from Rochester we made a trip to Numurkah to support Numurkah Lions "Lap the Map" for Diabetes Awareness. After a 5KM walk and a BBQ sausage on the Broken creek members were invited to join DG Neil for afternoon tea which was provided by Lions Lady Pauline. Unfortunately, not all members were able to participate on the day for various reasons.

Tree project: We are volunteer growers for Tree Project Victoria. The 2022-23 season is about to commence. 28 boxes of compost, 1,344 tubes and 28 packets of seeds have been collected from Bendigo.

We will be growing 4 kits. Each kit comprises of 7 boxes with 48 tubes for each box. Twenty different seed species will be sown and hopefully, we will successfully grow the 1,334 seedlings!





Lions Christmas cakes: With profits from this year's sales we have been able to donate \$500 to the V6 Foundation and \$200 to LCIF for flood disaster.

ALCCRF: We have raised over \$4, 500 for Childhood Cancer Research through our Recycle and Blooms of Hope projects to date. A garage sale also made \$347 which went to kid's cancer research.

Numurkah Convention: Three members were invited by DG Neil to join the organising committee to help with the organising of the 2022 District Convention to be hosted by the Numurkah Lions club.

It was a hard stressful task at times but all worthwhile it in the end.... a very successful Convention for our District Governor!



"Macca" at Rochester.

MERRY CHRISTMAS FROM YARRAWONGA

Ho Ho Ho it is nearly Christmas. We would like to extend Christmas wishes and cheers to all Club in the District.

Like all club Yarrowonga has entered its very busy time of the year. We have had our annual District Governor's visit where members and guests held our dinner meeting at Burkes Hotel.

During our annual District Governor's visit members of the Yarrowonga Lions Club were recognised. Two of our members John Ellis and Graeme Hodgins were presented with their 10-year service chevron.

The Lions District 201V6 "Christ August Memorial Award" for outstanding service to the local community was awarded to Graeme Hodgins. Graeme joined Lions in 2013 and was sponsored by Bill Monahan. Graeme was our KHub Co-Ordinator for 7 years and has been a valuable member of our Board of Directors during this time where he has always been honest and open with his ideas. The club thanks you for your endeavours, congratulations.



Tree collection in Bendigo



Map the Lap Numurkah



Hope visit the DG



President Joan Tufvesson, Lion Graeme Hodgins and District Governor Neil Stuart





President Joan Tufvesson, District Governor Neil Stuart and Lion John Ellis

Sunday the 27th November was the day that we held our second town garage sale. Everything fell into place, participation, bargain hunters and most of all the weather.

Everyone that was involved appreciated the fact that they knew that all the proceeds of the day were going to be donated to "Lions Childhood Cancer Research Foundation". Shoppers who purchased maps paid extra for them and garage sale participants donated to the cause online.

We found out that there were visitors for this event from – Bright, Myrtleford, Albury, Violet Town, Wodonga and Shepparton which was great for Yarrowonga. Lions tried to arrange that this event attracted visitors to our town when there were no other major events on.

A great day and a huge win for fund raising for "Lions Childhood Cancer Research Foundation"



Lion Ollie displaying the visual site map



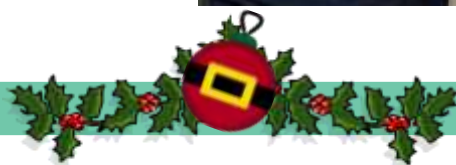
Lion Debbie – she could sell ice to an eskimo



Rodger Muntz, Charter member of Nathalia Lions Club was presented with MJF by PDG/District LCIF Coordinator. Rodger, with the support of Mary, continue to work with the club since 46 years ago.



At the DG visit to Strathmerton on Nov 2, I presented Ian with the ALF 50 years of service medal & the 50-year Charter Monarch Chevron. Ian is MJF & Life member of Strathmerton Lions.



DISTRICT 201 V6 DISASTER RECOVERY SUPPORT TEAM



Chairman Paul Shortis
PO Box 221
Yackandandah VIC 3749

Rochester Evacuation Centre

V6 District Disaster Recovery Support Team have been working with Downer Management Team at "Rochie South" Evacuation center at the Elmore Field Days site.

While the Government is putting in place accommodation for the evacuees, there is no playground or outdoor equipment for the children to play on.

We are working to get a playground for this area, we have a plan to provide equipment for the area, but need your help!

Do you have any of the following play equipment in your backyard that is no longer required? Or would your club like to donate towards it?

Maybe a Men's Shed would like to support with a Mud Kitchen?

Please contact either Paul Shortis or Lee Walkington.
Thank you.

COMMUNITY PLAYGROUND AREA & GARDEN





The first Lions Diabetic Alert Dog was delivered free-of-charge by Australian Lions Hearing Dogs on the 17th of October in Adelaide, South Australia. For Eliza, receiving Sal was like two long lost friends finding one another.

'I've wanted a Diabetic Alert Dog ever since I first learnt about them. But I also knew it was an expensive process, plus getting the right dog from the right provider... well, I never thought about it too much further.

Diabetes is a very expensive illness to live with. While it has been cheaper with the recent government subsidies, prior to this year, it probably costed me about seven grand a year just to live with diabetes. Adding the cost of training a dog, it was not sustainable, not on top of mortgage and everything else.

When I heard about the Lions Medical Alert Dog Program, well, I got in contact with Laura. And getting Sal has been great! She fits me so well. I just take her everywhere, it's almost like having a new baby! I get my little bag and off we go. Knowing that she isn't just a best friend but could also save my life... it's pretty astounding.

I think Sal has definitely bonded with me. I'm like her mum and she's like my daughter. Sal has actually picked up my hypos (low blood glucose levels) since day one. Our first week together she had alerted to four hypo events. This happened while I was cooking and while we were out at a café; she knew her priorities even with all the smells of food around her. Plus, I can imagine my hypos would smell very different from the samples she was trained with, so for her to pick it up and come straight to me was pretty amazing!

Sal was delivered just in time for World Diabetes Day, which falls on the 14th November, and is the first of many Diabetic Alert Dogs to come. This is just the start of our Medical Alert Program; a gift from Lions to the Australian community. To read more about Sal and Eliza, subscribe to our newsletter or visit our Facebook.

2022 has been a wild and busy year for Australian Lions Hearing Dogs. With Australia and border restrictions finally recovering from Covid, we were able to get back on our feet. This year our team has not only set several new records, but also went above and beyond! The end of 2022 was met with 31 Hearing Assistance Dogs delivered. These dogs improve the independence and security to people who are deaf or hard of hearing, and has proven time and time again that they play a vital role in reducing the feelings of isolation that comes as a challenge to hearing loss. However, that's not all. Our very first Diabetic Alert dog from the Medical Alert Program was placed here in Adelaide mid-October! This is a huge accomplishment as it is the start of our Medical Alert Program. We are excited to see the good our Diabetic Alert dogs will bring to people with type 1 diabetes.

Our team were able to accredit 17 dogs this year, but we are expecting 5 more to be done before 2023 arrives; a total of 59 flights taken all across Australia in 2022! Accreditation occurs after the dogs have completed their minimum of 3 months follow up in a client's home and are alerting to sounds at a high standard.

Our Breeding Program, which was only started recently, has already brought about 15 puppies into our world year to date, but we are expecting another litter of puppies to be born in December, which will bring the total numbers of puppies born up to 20 plus or more! Because of this, 32 new puppy partnerships were created this year by the Puppy Program, plus 9 more to go within the year. With the help of their foster homes, these puppies will be loved, given attention, learn boundaries and socialisation. Currently, there are 18 puppies placed in foster care, but the number will be up to 26 before January 2023 comes.

We also have had many wonderful sponsors from both Lions Clubs and individual supporters of our puppies. We couldn't have made it without them and we're extremely grateful for the help and opportunity that they've provided Australian Lions Hearing Dogs. The volunteer program has thrived as always, with over 30 volunteers involved in the program, always there to help and give the dogs the enrichment and love they need to be happy and healthy. We are still hard at work on our Capital Campaign and while we've made progress, we still have some ways to go before reaching our goal!



**Australian
Lions Hearing Dogs**



V6 NOTICEBOARD



MyLion

Evolving our digital experience - MYLion IS BEING REPLACED

We're hard at work updating the digital tools you use as a Lion. To put it simply, we're taking the functionality you have today with MyLion, MyLCI, Insights and other tools and combining them into one cohesive and consistent experience — the Lion Portal.

Replacement for MyLion questions can be answered here -

<https://www.lionsclubs.org/en/resources-for-members/digital-products/portal-updates?elqTrackId=8a945a38c5a84e3a9a63b9f5675b21e7&elq=1fab1f2f11714f83ad5206e60de34dab&elqaid=26617&elqat=1&elqCampaignId=&fbclid=IwAR0XTzd9A0k1U8yKLLvswngV8BPI Gvy3RQk3ZZqYhfEipgn8jo0bVY27iU>



Give the Date...

CELEBRATION
Rescheduled

75 years of LIONS in Australia

SATURDAY
4TH MARCH 2023

Entertainment by
Brendan Scott
as seen at the District Convention

@ THE SHAMROCK HOTEL, NUMURKAH

district 201V6
Celebrating 75 years in Australia 1947 - 2022

Cobram Lions Log Cabin Market Dates 2022

December 16th

Twilight Market. 4pm start

Phone:- 0459 340 109 for all market information and inquires.



FLOOD AND MOSQUITOES

Here's what you need to know

With floods impacting a lot of our District, it's important that we keep ourselves safe whilst out helping in our communities.

For more information about mosquito born diseases—check out the better health website here - https://www.betterhealth.vic.gov.au/protect-yourself-mosquito-borne-disease?fbclid=IwAR0tI9uCkEPPqjBudkLLbUX_54nHfbX0KNGYxKMD30aspi42Q51P6WBcXoQ



LINKS, CONTACTS, USEFUL INFO....



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Cabinet Secretary

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Are YOU following us....

Facebook

<http://facebook.com/201V6Lions>

Member's Only Group

<https://www.facebook.com/groups/676430540448974>



Instagram

[@lionsdistrictv6](https://www.instagram.com/lionsdistrictv6)

Twitter

[@201_v6](https://twitter.com/201_v6)

DISTRICT WEBSITE - www.201v6.lions.org.au

PROMOTING CLUBS THROUGH THE DISTRICT NEWSLETTER

- Do you have an UPCOMING EVENT? Have you had an event you'd like to tell us about?
- Best place to promote it is through the Roar!
- Cut off date is the 28th of each month (items arriving after that date may not make it in but will be held over till the next one.)
- Please send articles in a Word file (not a PDF)

EMAIL - v6roar@gmail.com

